



Musselburgh Amateur Swim Club

Summer Fun Meet

Saturday 15th June 2024

Mercat Gait Centre, Prestonpans



Licence Number: L3/ED/026/JUN24

Licensed by: SASA East District

Accreditation: SASA Level 3 Licensed Meet

Venue: Mercat Gait Sports Centre, Prestonpans, East Lothian, EH32 9EN

Pool: 6-Lane, 25 metre, full electronic timing with 3-lane display scoreboard, non-turbulence lane dividers

Events: 9 years and younger - 25m Butterfly
10 years and older – 50m Butterfly
9 years and older – 50m Freestyle, Backstroke and Breaststroke
9 years and older - 4x50 Freestyle Relay

Age groups: 8 years and younger
9 years
10 years
11 years
12 years and older

Age as at 15th June 2024.

Events will be run in mixed age groups and results sorted by age groups.

Sessions: There will be two sessions. The morning session will be for swimmers aged 10 and under and the afternoon session for swimmers aged 11 and over.

Morning Warm-up 09.00 – 09.50
Start 10.00
Finish 12.00

Afternoon Warm-up 13.00 – 13.50
Start 14.00
Finish 16.00

Entry fees: £5.50 - 25m swim, £6.50 - 50m swim, £7 per relay team entry

Entry closing date: Thursday 16 May (12 noon)

Medals will be awarded to the top 3 swimmers in each age group.

Technical Officials: All Clubs are invited to nominate 2 officials per session to ensure the smooth running of the Meet. Please send details of any support to mascstocoordinator@gmail.com

Meet Rules

- The current World Aquatics and SASA rules of competitive swimming will apply
- Age as at 15th June 2024.
- All swimmers must have a current SASA or equivalent registration number.
- The pool is 25-metres long with 6-lanes separated by anti-turbulent lane ropes.
- Electronic timing will be in operation. In the event of electronic timing failure, then back-up manual timing will be used.
- Mobile telephone MUST NOT be used in showers, changing village and toilets under any circumstances.
- Swimmers must act on the instructions given by the meet officials and behave in a reasonable manner at all times.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
- The meet will adhere to Scottish Swimming "Swimwear Policies". The policies are included in full in the appendices of Scottish Swimming Regulations. These can be found [here](#).

Entries and Events

- Closing date for entries is Thursday 16 May (12 noon). Late entries will not be accepted.
- All entries must be made by Hy-Tek entry files and these can be requested via email from masccompetitionsecretary@gmail.com or downloaded from www.swimscotland.co.uk.
- Withdrawals on the day must be made to the recorders no later than 45 minutes prior to the start of each session. There are no refunds for entries withdrawn after the draft programme is published.
- The organisers reserve the right to restrict entries in order to facilitate the smooth running of the meet. **In the event of the meet being oversubscribed entries will be cut from the top ie fastest swimmers as required.** It is the responsibility of Entry Secretaries to ensure all entry times and dates of birth are correct. Rejected entries will be refunded in full. A draft programme will be made available to Entry Secretaries prior to the meet date.
- All events will be Heat Declared Winners.
- Swimmers must report to the designated marshalling area **a minimum of four heats in advance.** It is the responsibility of the competing teams to ensure that their swimmers report to the marshalling area on time.

Warm up

- Warm up may only commence when advised to do so.
- No diving other than in sprint lanes.
- Swimmers must keep moving during warm-up to avoid congestion in the pool.
- The meet stewards will determine sprint lanes.
- No congregating allowed at either end of the lanes.

Miscellaneous

- This will be a Level 3 Licensed Meet. Licence Number: L3/ED/026/JUN24
- The Mercat Gait has refreshment vending machines and cafe facilities.
- The organisers reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Neither MASC nor the Mercat Gait Leisure Centre can be held responsible for loss or damage to any property. Swimmers should use the lockers provided and not leave belongings lying around unattended. Bags should not be taken onto poolside, they should remain in lockers.
- Swimmers must act on the instructions of the meet officials and behave in a responsible manner at all times.
- No glassware may be taken into the showers or poolside. Anyone doing so will be liable to expulsion from the meet.
- Outdoor footwear must not be worn on the poolside area.
- Swimmers MUST wear dry clothing and footwear at all times when not in poolside area.
- The use of mobile phones is prohibited by the Mercat Gait Leisure Centre anywhere within the changing areas or showers.
- The MASC committee retains the right to amend any of the above conditions as necessary.
- Anything not covered in the above or in the event programme will be at the organisers' discretion.
- No guarantee can be given by MASC that the event will take place at a particular time, place, or date and MASC reserves the right to reschedule the event without notice and without liability for doing so. It is expected that this would only be as a result of unforeseen circumstances, e.g., venue/facility failure or adverse weather.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of MASC. MASC will have no liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

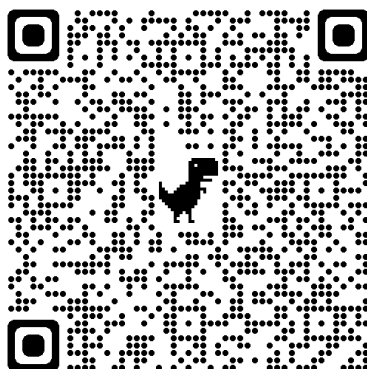
Controlling the Use of Photographic Equipment

The meet organisers are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that most images taken within Scottish Swimming licensed meets are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identity of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms.

Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's images to be taken and shared in this way. The meet organisers are committed to ensuring that all children who participate in this meet can take part in an enjoyable, safe environment and be safeguarded from harm. If there are any child safeguarding concerns at the event, please contact the Events Convenor immediately to disclose your concerns.

Please scan the QR code to read the Scottish Swimming wellbeing statement.



Events

Session 1 (Age 10 and under)

Warm up 09.00

Start 10.00

Session 1 - Morning			
101	Female	9 & under	25m Butterfly
102	Male	9 & under	25m Butterfly
103	Female	age 10	50m Butterfly
104	Male	age 10	50m Butterfly
105	Female	10 & under	50m Breaststroke
106	Male	10 & under	50m Breaststroke
107	Female	10 & under	50m Backstroke
108	Male	10 & under	50m Backstroke
109	Female	10 & under	50m Freestyle
110	Male	10 & under	50m Freestyle
111	Mixed	9 & under	4 x 50 Freestyle Relay
112	Mixed	age 10	4 x 50 Freestyle Relay

Session 2 (Age 11 and over)

Warm up 13.00

Start 14.00

Session 2 - Afternoon			
201	Female	11 & over	50m Butterfly
202	Male	11 & over	50m Butterfly
203	Female	11 & over	50m Breaststroke
204	Male	11 & over	50m Breaststroke
205	Female	11 & over	50m Backstroke
206	Male	11 & over	50m Backstroke

207	Female	11 & over	50m Freestyle
208	Male	11 & over	50m Freestyle
209	Mixed	11 & over	4 x 50 Freestyle Relay

SUMMARY SHEET

****This sheet must be completed and returned with entries via email****

Club:			
Contact Name:			
Address:			
Town:		Postcode:	
Tel No:		E-mail:	
Breakdown of fees:			
Total Male Entries: @£5.50		£	
Total Female Entries: @£5.50		£	
Total Male Entries: @£6.50		£	
Total Female Entries: @£6.50		£	
Total Relay Entries @ £7.00			
		Total	£
<p>Payment where possible should be made by BACS. Please reference the payment "SUMMER" followed by your club code e.g. SUMMER UELX</p> <p>Bank Account Details Sort Code: 80-17-68 Account No: 00221095 Contact: MASCclubtreasurer@gmail.com</p> <p>Return this form with entry file no later than Thursday 16 May (12 noon) masccompetitionsecretary@gmail.com</p>			

Named STO's and Timekeepers

Clubs are requested to nominate 2 officials per session to ensure the smooth running of the meet.

Club:				
Name	Position	Session	Preferred Role	Contact Details
	STO/TK	1[] 2[]		
	STO/TK	1[] 2[]		
	STO/TK	1[] 2[]		
	STO/TK	1[] 2[]		
	STO/TK	1[] 2[]		
	STO/TK	1[] 2[]		
	STO/TK	1[] 2[]		

Please complete electronically and return no later than 8 June 2024 to mascstocoordinator@gmail.com

Thank you for your assistance